

# BRIDGES

## INNOVATIONS:

Find your tribe with musician's marketing-savvy podcast **P.7**

## FASHION:

Glamour and quest for LGBT+ rights unites drag queens **P.16**

## DAY TRIPS:

Music and hockey: A match made in heaven at Bruno Pickers' Cup **P.18**

WEDNESDAY, FEBRUARY 12, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

## ALL FOR THE KIDS

TEACHING YOUNG PEOPLE  
IS MORE THAN A JOB  
FOR DAVE SHANKS  
AT CORE NEIGHBOURHOOD  
YOUTH COOP **P.8**



FREE

## INVENTORY

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Guess what, Kids? You can send your questions to me at the address below

Dear Chip,  
I see snow buntings in the spring and fall, flying low  
over gravel roads and fields covered with snow.  
What do they eat? Poole

**Dear Paula,**  
OH! Snow buntings are so beautiful and somewhat mysterious, yes? They travel south through the arctic in fall and pass through again in the spring on their way to breeding grounds on the tundra. During the winter they eat mainly seeds, especially grass seeds. They love the diversity of the native prairie here at Beaver Creek. They get kind of fed up of what the monocultured fields have to offer. In the spring and summer they eat primarily vetch, alfalfa and, when available, small crustaceans. The young are fed a diet rich of invertebrates, those small animals without a backbone. These beautiful birds are often the messengers of spring and fall, but will often stay here all winter if there is enough food.

Send your questions to me at the address below. Then watch *Exposure* for the answers.

Your peer, Chen

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Director Dave Shanks is helping give youth one last chance of the Queso Neighbourhood Youth Co-op at Saskatoon BRIDGES PHOTO BY MICHELLE BEERS

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Gail Salsky (right) is working at the Saskatoon International Airport BRIDGES PHOTO BY MICHELLE BEERS

## BRIDGES COVER PHOTO BY MICHELLE BEERS

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# IN THE CITY

# FEBRUARY 9, 2014 - 3:08 P.M.

## Skate and shine



The Camco Museum Skating Rink @ RosaryCorp Plaza was filled with families skating under the bright sun, despite a temperature of -20 C. The skating rink is open open to 6 p.m. daily and don't forget skates if all skates are available to use. There will be a Camco Family Day Skating Party on Feb. 13 (Sun). Skates: \$10.00. Skating: \$10.00. Skating: \$10.00.



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## YOUR FAVOURITE PLACE

Bridges wants to hear about your favourite place in Saskatoon. Email [Bridges@thestarphoenix.com](mailto:Bridges@thestarphoenix.com)

## # MY FAVOURITE PLACE

## Ambassadors spread positivity at airport



Linda Delves, Dore Chermishev, Rev Kinshella, Lucy Williams and Gar Szekla (l-r) are working at the Saskatoon International Airport. WRITERS PHOTO BY MICHELLE LEUNG

By Sean Tremblath

An airport is often not a happy place. Travel is a hassle. Flights are delayed. People are coming back from vacations with work looming over them.

In Saskatoon, not everyone has negative thoughts about the airport. In fact, a group of volunteers love it and spend their time making sure travelling is as pleasant an experience as it can be.

"I like people. The more a lot of volunteering, but I thought what better place than out here at the airport

People are coming from all over the country and the world," says Gail Sedlak, a member of the Airport Ambassadors program.

She and her co-volunteers greet people coming in, share info about the city and try to help those travelling away in whatever ways they can.

"People are always surprised when they come through and we're standing at the gate saying, 'Hi, how are you?'" says Rev Kinshella, another ambassador.

It doesn't take much to brighten a

day she says.

"This morning there was a family with some kids and they were tired, and you just say 'Good morning! Can I help you with anything?'" Kinshella says.

Not everyone they meet is in a foul mood. One of the nicest parts of the airport is seeing people reunited. Szekla has many memories of families greeting relatives who have just immigrated.

On the flip side, they see a lot of people coming in for funerals. In those cases, it's not about cheering

them up so much as offering support.

"If there's a funeral in the family, it's nice to just be there. We're all just sat with people and said we've been down this road—and we're sorry," Szekla says.

The ambassadors' time at the airport has recently become more comfortable thanks to the new upstairs addition. Even during their breaks when they could sit in a private room, many of them choose to relax in the new area.

There's a fireplace up there. If

it's not busy you can sit there. It's all full of windows so you can see everything," Kinshella says.

Speaking with the ambassadors, you get the impression that a lot of what makes them like the airport is each other and the camaraderie they share. They're all enthusiastic and happy to spend their days brightening others'.

"Put a smile on your face and you're going to put 10 more on someone else's," Szekla says.

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[thebridge.com/thisisphoenix](http://thebridge.com/thisisphoenix)

# INNOVATIONS

#FARIDEN CEASER

## Building an audience by helping you find yours

By Sean Trembath

A Saskatchewan musician is taking to the digital airwaves to share stories of those who have made the Internet work for their business.

"As a musician, I spent a lot of time learning how to build an audience," says Fariden Ceaser, host of the new *Tribe Finder* podcast, who splits her time between Saskatoon and Regina.

After 15 years as a touring musician, including with her current band *Radio and the Rivers*, Ceaser has taken on a new role as a marketing strategist. The podcast — a weekly audio program available for free download — is a way for her to share ideas and establish her brand.

The Internet has made it possible for a business owner to sell to people all over the globe. It's an exciting reality, but brings inherent difficulties.

"We have a million channels. In North America, you can buy 22 and have loads of everything, so it's not specifically tailored to you, you're going to look for something else," Ceaser says.

"The key is to find your 'tribe,'" Ceaser says. It's a concept popularized by Seth Godin, an American author and entrepreneur.

She decided to focus the show on business people who had successfully found — or in some cases built — a community around themselves so that others could try to do the same.

"The kernel of the idea came from talking to a lot of my clients, coaches and other entrepreneurs. I realized they really struggled with how to build their audience, build their client base and new customers," Ceaser says.

The podcast recently debuted on iTunes with three episodes. Her first guest was Gailin Lucas, art director at local *Pencade*, a creative firm with over a million subscribers on YouTube. Her second was Ryan Lewis, a yoga studio owner who has crafted a strong online presence.

She plans to release a new episode every Friday, including one featuring guest singer/children's performer



Fariden Ceaser, who divides her time between Regina and Saskatoon, recently launched a weekly podcast called *Tribe Finder*. **PHOTO BY TREV FLICE**

Prod Pinner an interesting case study in tribes. He has experienced a resurgence in record sales, as people who turned to him when they were young reach the age where they are going to buy new records.

"It's been wonderful to connect with these people. I got the chance to sit down with people who are absolutely

brilliant," Ceaser says.

Although some of the information on the show is the same kind of advice she gives her paying customers, Ceaser has no qualms about giving away knowledge for free.

"The new marketplace is all about giving your all and being very generous, and that's how you generate real

value for yourself," she says.

"The hope is that people will listen, find the stories fascinating, then get interested in what else she can help them with."

"The truth is, all this information is Googleable, but hearing the stories of people who are running successful businesses and talking about

how they're doing it is inspiring. It's far more interesting than a document could." The ways to build your audience, Ceaser says.

You can find the *Tribe Finder* podcast on iTunes or on Ceaser's website, [www.fariden.ca](http://www.fariden.ca).

[sean@theathsphere.com](mailto:sean@theathsphere.com)  
 @theathsphere

# ON THE COVER

We have kids saying they'd rather be here than at their so-called home.

— Heather Langford

# DAVE SHANKS

## The heartbreak and reward of helping youth



David Holloway, Dave Shanks and Kristin "Chanelle" Rodwell at the Core Neighborhood Youth Co-op (CNYC), the last stop for many embarking their high school credits. **SHANKS PHOTO BY MICHELLE WILCO**

By Angelina Trincic

It's 10 a.m. on a cold Wednesday morning. The seven or so teenagers who have shown up for class are moving slowly. A couple of young men sit at a large dining table next to a kitchen while teacher Heather Langford explains how to reduce a fraction in math.

"I've kind of been AWOL for the last few days," says one girl slumped on a couch near the table. Her dyed red hair is shaved into a long Mohawk.

"Oh, so it's kind of your fault you'll be homeless," replies Langford.

"I'm not homeless. I'll never let that happen," the girl replies.

They continue chatting and the girl lets out a few profanities.

"Stop swearing please."

"This type of conversation needs years, though."

The girl is thinking less about math than where she'll be sleeping tonight. That's not unusual. There are girls who dabble in the sex trade to get drugs, and some who

don't get three meals a day. A boy will come in and mention he was stabbed the night before. That is what students at Core Neighborhood Youth Co-op (CNYC) face.

The wear-out sign with the playful rainbow letters spelling out CNYC can be seen from a few blocks away. Founded in 1996, CNYC has been on 30th Street for years but not many know what goes on inside the small corner building. The small entrance has a number of "agreements" posted on the walls reminding people to

do their best, ask questions and have integrity. The building is old and in need of renovation, yet feels comfortable.

What started as a community co-op based on self-sufficiency and co-operative principles has evolved into an alternative education program with similar values. Now staff and a handful of volunteers make up the co-op, a place that has welcomed close to 500 students over the years. For some, it may be the last stop when it comes to getting their high school credits.

There's a woodshop greenhouse and computer lab where students can learn carpentry skills, gardening and how to find a job on-line or write a proper resume. Furniture built in the wood shop is sold in the public and in the summertime the popular bike co-op attracts tons of people who learn how to fix bicycles. Above all, the students learn respect, empathy and confidence in a place that's become a safe haven with mentors to go to when things get tough.

Continued on Page 10



# BRIDGES PROFILE

## Greek Gourmet Feast fundraiser celebrates 30 years!



They are not quite sure who had the idea to start it, but one of Royal University Hospital Foundation's most popular events turns 30 this year. The Greek Gourmet Feast was started in 1985 by Peter Goff, Nik Rikopoulos, John Matalas, Gus Denakakou and Jimmy Tsapopoulos.

While discussing various ways to raise money for health care, the idea of a fundraiser dinner took shape. Goff, who emigrated from Greece in the late 1940s, sat on the Board of Directors of both Royal University Hospital and its Foundation. He suggested they embrace the cuisine of Greece. He then approached his cousin Rikopoulos, partner-owner of the popular Cousin Nik's Restaurant, about hosting the dinner. Having built a reputation for elaborate Greek banquets, Rikopoulos agreed.

The event took off in part because of the immediate response, with some circling the event on their calendar months in advance. When Cousin Nik's closed its doors in 1999, the Greek Gourmet Feast found a new home in Menos Restaurant & Lounge on 8th Street. Thanks to owner and emcee Nik Rikopoulos, Bill Barlas, and his brothers Louie and Masali and their families.

Each year attendees can look forward to traditional Greek music and dancers followed by a delicious five-course meal featuring many Greek favourites, such as



Brothers Bill, Louie and Masali Barlas are enthusiastic RUH Foundation supporters and have hosted the event at Menos Restaurant for 15 years.

spanakopita (pouch in crispy pastry), dolmades (stuffed grape leaves), and baklava for dessert.

Not only is the Greek Gourmet Feast a night to remember, it also has had an impact on the fundraising efforts of the Foundation. Over \$736,390 (per expense) has been raised over the three decades the Feast has been around. Funds raised have had an impact on the three pillars of healthcare that the Foundation supports – education, research and patient care.

"We live in a city and a province that is doing well and the expectation is that we need access to what we should have, the most advanced equipment and expertise," says Arts Athanasiou, CEO of RUH Foundation.

Over the last 30 years the Greek Gourmet Feast has supported priorities including specialist training, staff education and equipment upgrades in the Pediatric Intensive Care Unit, a cardiovascular heart/vascular unit for the operating room, wall sign monitors for Intensive Care, an alarm monitor for the newborn unit and funds towards both the MRI and PET/CT Campaigns and much more.

Events like the Greek Gourmet Feast provide an opportunity for

grateful parents, family members and members of the public to be a part of the legacy. For many, their gifts – large or small – are a way of expressing their gratitude. Investing in the most advanced medical technology and the best qualified professionals leads to better patient care. The recent acquisition of the PET/CT at RUH for Saskatchewan patients means the most advanced medical imaging care in the country is available to cancer, cardiac and neurology patients.

As Saskatchewan's busiest trauma centre, RUH has on average 79 surgeries and 129 adult visits to the emergency department each day. There are over 500 babies born at RUH every month. The mandate of RUH is not only to provide care to the citizens of Saskatchewan, but also to the whole province. Fifty per cent of RUH patients make their home outside of the city.

The Greek Gourmet Feast is the opportunity to get a taste of Greece and support advanced health care at Royal University Hospital. RUH is not only to provide care to the citizens of Saskatchewan, but also to the whole province. Fifty per cent of RUH patients make their home outside of the city.

Cross, and S.O. Asher Consulting. Gift-in-kind sponsors include Mister Print, Seventy-Seven Signs, 98 Cook, C/WW, 630 Nova Tills, C/9, Rock 102, The StarPhoenix, Horden & Hayes Chocolates and the Little Shop of Flowers.

The Feast would not be a success without the support of the staff of Menos Restaurant & Lounge. Each year the amazing staff at Menos volunteer their time that evening.

healthcare at Royal University Hospital!

The Greek Gourmet Feast takes place March 5, 2014, at Menos Restaurant & Lounge on 8th Street. Five tickets are \$175 per person (partial donation receipt given). This year guests will have an opportunity to win a travel voucher that may be used for a trip for two to Greece. Raffle tickets are \$10 each, and the trip will be sold during the event.



The evening also includes traditional Greek music and dancing.

"My brothers and I, our families and staff just love doing it," says Bill. "We've been part of this community for the past 30 plus years. The community has done a lot for our business and for our families. And doing these little things for the hospital makes us feel so much better and makes us feel so much closer to the community."

You don't want to miss the opportunity to get a taste of Greece and support advanced

This unforgettable evening traditionally sells out quickly, so don't delay in getting your tickets. For more information or tickets call Candace at 366-655-6501 or email candace@ruhfoundation.ca

The Greek Gourmet Feast is part of the Campaign for Royal University Hospital specifically to fund the most advanced medical equipment at RUH. Visit [ruhfoundation.ca](http://ruhfoundation.ca) for more information or to donate online.

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Not only does supporting dads help the moms out, but it helps the kids. I'm constantly shocked about how many kids don't have positive male role models in their life. — Dave Shanks



Hayley Gonzalez, Karli "T" Grant, Kadiyollana/Mikaela Smith learn how to use different types of tools and make cuts in wood during CNYC's shop class. **PHOTO BY MICHELLE FRETTE**

"Do do do do" a young man walks through the small kitchen into the dining area, proudly presenting his math work sheet.

Some students got to work with the educational assistant in the dining room while a few others work with Langford in the small classroom, which is really just a long table with chairs and a few computers in the corner. As she teaches one student square roots, the other three talk. One young man is excited for his snowboarding trip to Banff. His friend asks if he'll be coming to see Friday "Oh yeah," he answers.

The talking is interrupted by one teen sitting in the middle. "I don't get this!" he says loudly. He slumps into his chair, rolling his eyes.

"Come on man! You're smarter than I am," a classroom assistant

is having his photo taken against the rainbow-colored brick wall outside of his office at CNYC.

"Aw! Look at our celebrity," says the girl with red hair.

He laughs and keeps on smiling for the camera. The 35-year-old slipped into the executive director role one year ago. He has an understanding of youth that can't be learned, says the province's executive director of CNYC, Marcel Petit.

"It comes from inside of him. Getting into work like this, it's tough work. It's not on the system, it's hard on the heart and it's a headache sometimes," says Petit, who approached Shanks and asked him to take over his position. He understands them. He's willing to learn from them and that's a huge thing. I really wanted somebody that these kids can trust.

It's clear that they feel comfortable around Shanks, yet have a deep respect for him. What's just as clear is that he genuinely cares about the kids. Mike LaRosa, 16, walks by and Shanks reminds him to find his ID.

♦ ♦ ♦ ♦

Dave Shanks is more comfortable in a room full of teenagers than one of grade-schoolers.

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"It comes from inside of him. Getting into work like this; it's tough work. It's hard on the system, it's hard on the heart and it's a headache sometimes. — Marcel Petit

Lefkowitz hasn't had luck.

"Right — it's going to weigh on me," Skanks says.

Of the 30-some kids enrolled this year, usually around 15 come to school each day. Staff try their best to connect those who don't show up. If a student misses a large chunk of time, they aren't kicked out — Skanks is proud that CNVC takes in kids that likely don't have anywhere else to go.

The school runs in conjunction with a regular school calendar — classes include math, English and art, and students can use the computers for cyber school classes. CNVC's teacher Heather Langford has been teaching at CNVC since May 2019. The year is divided into four quarters. Langford teaches a different core subject each quarter in the mornings.

"They have to be able to monitor themselves. What I do have a lot of say," Langford says with a laugh. "I just people down, call people, pick people up if they need a ride and get them here."

She has experience teaching similar classes in London, England and at Bishop Murray high school. CNVC's parent school, Plus, she has something in common with many of the students.

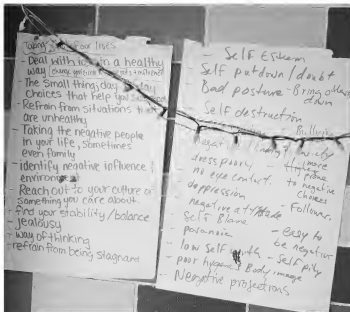
"I had a really huge authority complex as a teenager. I had somebody telling me what I do and I totally rebel with that. Even though you can see them making mistakes or going down the wrong path, you have to let them explore and find things on their own."

She says she has to be patient, positive and build a trust with the students by not letting them down, and reminding them she's there for them, not for herself.

Afternoons are for cyber school and time in the wood shop and greenhouse.

Often, students hang around after class for lunch and socializing. Today Langford is cooking lunch burgers for the event, the students arrive early.

"We have kids saying they'd rather be here than at their so-called home. Some kids call us their family after their time here. I want them to find that outside of



Impersonal posters line the walls at CNVC, an alternative education program located on 20th St. at Sebastian Wharf. Photo by MICHELLE NICH

here. I want them to find something bigger than themselves, something they can connect with on the outside," she says.

It's a place for them to address their issues and find healthy ways to cope with them in a safe environment with people, like Skanks, who view to be with them every

step of the way. He says he's careful not to be their friend, but more of a mentor.

"Until they're given the opportunity — or even the permission — and told, 'It's OK to cry. It's OK to share what you've been through,' then you can start helping."

He admits it took him awhile to

learn that he has to separate the students' issues from his personal life.

"A lot of times I go home crushed wondering, 'what is it going to take?' It's hard to go home at night and know that we're going to be starting over the next day."

Although Skanks understands

these kids, he didn't grow up the same way. He has had childhood memories of the summer when he was just out of high school his daughter Channing was born. He was a single dad for nearly three years of university until he met his current wife.

Continued on Page 12

Even though you can see them making mistakes or going down the wrong path, you have to let them explore and find things on their own. —Langford

His understanding of his daughter's mom, explaining that the pressure of being a young mom was weighing on her life often gets asked if it was hard being a young single dad. His answer:

"It would have been way harder not to have been involved. I want to get that point across to all the guys out there that have kids."

That sparkled has passion for working with youth — specifically, young males and fathers. Shanks started a dad's group at CNYC and enlisted help from another community member to facilitate the program.

"I find one of the best things and easiest ways to help the community is to target young fathers," Shanks explains.

♦ ♦ ♦

By evening, the space feels cozier than it did during the day. One man is sitting on the couch playing a drum and humming while he waits for the fathers' group to begin. "I'm trying to make a song," he explains to the person next to him.

It's about not doing drugs and alcohol, but having fun. Shanks is on the phone ordering food for the group (CNYC students will eat leftovers for lunch tomorrow) as another young man walks in.

"Is there a fathers' group tonight?" he asks.

The first man greets him, "What's your brother's name?" and tells him about his song.

The group is small tonight — about five members and a couple of facilitators. They talk logistics, banter and plan an upcoming family bonding or ice skating night. The group resembles a family. Young men who aren't dads are encouraged to attend because maybe one day they too might be fathers.

They learn from each other's experiences, share during talking circles and talk about maintaining a healthy lifestyle and keeping a safe and stable home. Right now, there's a focus on dads encouraging literacy to children.

"Not only does supporting kids



Another Langford helps students with math at CNYC. Langford is proud to say that many students call staff their "family." (Photo by Michelle Wang)

help the moms out, but it helps the kids. I'm constantly shocked about how many kids don't have positive male role models in their life," says Shanks.

Although he doesn't like to focus on gender, he understands the importance of having positive male role models to look up to, something a lot of the kids at CNYC lack. Shanks says about 90 per cent of students don't have that male in their life. But that was until they met Shanks.

♦ ♦ ♦

Michael LaRose, 35, had been

kicked out of high school and dropped out on his own several times before coming to CNYC three years ago. Although it's been on and off, he's continued to enroll because he likes the staff.

LaRose says he grew up in the foster care system and that he was physically and sexually abused as a child. He looks down while he talks, focusing on the paper clip he's holding and twisting.

During the conversation, Langford bursts through the door and presents a shattered iPhone. It's LaRose's — he lost it last week and it was found in the men's

washrooms in CNYC. He's visibly disappointed but says, "It's just a phone."

LaRose, like many of the students, has taken an interest in eventually doing community work. He attended a youth conference with Shanks in December that focused on addressing violence in women's lives. At first he was shy and didn't participate, but then Shanks gave him a pep talk and he met with a counselor at the conference.

During the last two days he publicly shared his story and asked to become a facilitator at the next conference in March. He says one

day he just wants a job in which he can help others.

"He's overall a really good guy," LaRose says of Shanks.

"He's very understanding, he's really straight up and doesn't sugar coat things. (He) says it how it is and how it should be."

Those reasons among others are why Peet was confident Shanks would be a perfect fit at CNYC. He made the right decision.

"I love him. He's such a good man and I'm so happy that I found him because at that time, there couldn't have been anybody to take over for me."

**NEXT WEEK:** Would you stop at just one? Are there advantages to being an only child?

Email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # PARENT TO PARENT

Each week Bridges, in connection with [SaskatoonMoms.com](http://SaskatoonMoms.com), gathers advice from parents to share with other moms and dads. This week we asked:

# Do you play favourites with your children?



"Me to think that I don't play favourites. After having four boys, however, the girl now has a special place. I have trouble being consistent with all and even hear that they don't feel like they've been unfair." — Carla Costanzo

"No, we definitely do not play favourites. We love our boys equally and unconditionally and will always do our best to make sure that they know that no matter what, we consciously spend the time equally with the boys and do our best to give them equal opportunities. I am sure as they grow up their interests will change and we may have to juggle things but we feel it is very important to make them both feel loved and special equally." — Shelly Lambert

"I don't play favourites. But do spend the necessary time needed for each child. That might mean one child gets more attention at a time but not overall. When one demands more time, it never lasts so

I am always able to make it up to the others. And each child has different interests and we different ages so it's not hard to divide time to their own activities or to share a dance with all of them at once." — Alyse Cornsbeek

"I try very hard to ensure I don't play favourites although the same sometimes is very tough. For example, I have one child I prefer to fish with while with his brother I prefer to bake, however it's never made apparent to them. I try to ensure my children get equal time and attention from me so as not to let them feel I favour one over the other." — Michelle Gaudin

"Everyone's needs are different, so I tend to always be available for both of them all the time (when humanly possible). Money-wise I always spend the same amount on each. My Christmas presents." — Judy S.

# Authentic Amish Cooking



Copyright © 2007 Authentic Amish

## Quick Saucy Chicken Stir-Fry

2 T. Oil  
1 C. Broccoli Flowers  
1 C. Cauliflower  
1/2 C. Minced Garlic  
1/2 C. Ground Ginger

1 C. Chicken, minced  
2 Chicken Breast, cut up  
1/2 C. Cornstarch, cut in 2"  
1/2 C. Green Onion Slices  
Red Hot



In large skillet heat 1 T. oil over medium-high heat. Stir fry vegetables 4-5 minutes or until crisp to tender. remove. Add remaining oil to skillet. Stir fry chicken 4 minutes or until cooked. Return vegetables. Remove from heat. Add combined remaining ingredients, mix well. Serve over hot cooked rice. Yields 4 servings.

## Butter Pecan Ice Cream

1 1/2 cups instant Vanilla Pudding  
1 box instant Butterscotch Pudding  
1/2 t. Maple Vanillas  
1/2 C. Sugar  
1 big L. egg  
1/2 C. Brown Sugar



Mix above ingredients all together. Then add 1/2 C. Pecans  
1 can. Cool vanilla-caramel condensed milk.  
Whisked Milk and French custard is 1/2 of the very full.

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## FASHION

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## # SASKATCHEWAN STYLE

## Diverse drag queens embrace glamour

By Ashley Martin

Up her axle, Anavahna Sanoir and Jenny Talia have pretty chevron drag queen styles.

Their reasons differ too. Talia loves the creativity while Sanoir didn't get into drag for the fun of it.

"I've seen a lot of work back there," says the 25-year-old drag queen.

The drag subculture is about giving back to the community through charitable donations and business, raising awareness of LGBT rights and creating a safe space.

These noble efforts haven't come without sacrifice.

"[We've] been hit, beaten, struck. We've seen the whole evolution of the gay rights," says Sanoir. "We used to always have in pockets."

It's come a long way lately, and fashion wise. "The glam queen standards are moving fast to include more out-there artists."

Talia believes glamour unites them all. "Like a fantasy that you can live for awhile," she says. "It's exaggerated glamour, and my version of glamour is different from someone else's idea of glamour."

### AVAUGHNA SANOIR Gowns and crowns

Sanoir is a high-school drag queen. At age 63, her style is here to stay.

"I've done the old old thing and shocked a few guys, but my comfort level is up there."

She loves the prospect of fooling a few guys. "For me, that's always been the challenge. People will walk by me and not know who I am."

**1 MAKEUP:** MAC Cosmetics. "The old girls we always paint for the back row, so you can see us. Up close, not pretty."

**2 HAIR:** "The two top bedrooms of our house is nothing but drag. There's probably 30 guys... just basic guys from when I started."

**3 JEWELRY:** Custom from Toronto. Earrings are glued on for support.

**4 CORSET:** "It's very uncomfortable. It just makes the clothes fit better."

**5 GOWN:** Usually buys dresses while traveling or online. Sometimes buys local. "That's the changing side... 20 years ago you didn't go into a dress shop. It just didn't happen."



### JENNY TALIA

#### Artistic and androgynous

Talia embraces androgyny in a daily basis — as a 32-year-old man, she wears women's pants and corsets a lot.

In drag, she's sometimes kept her beard as sort of an ensemble.

The words moving towards a focus on her rights. Gender is that boundary that's still needing to be pushed."

**1 HAIR:** Wig is supported by a lot of braids and hairpins. "The used wet-dread down plus, as well, if it really needs to be pushed."

**2 CONTACT LENSES:** Online.

**3 MAKEUP:** Stage makeup and MAC Cosmetics. Jewels are from a craft store. Stuck on with nail glue.

**4 TATTOO:** It is pink and blue and it represents the diversity of gender and female characters in drag with the same spirit."

**5 SHOULDER PADS:** Second-hand hockey pads from Sports Chek.

**6 RIMMIDI:** Homemade. Decorated with pieces of a disco ball.

**7 SHOES:** Payless. "They have a larger size range than a lot of shoe stores."

**8 LEGS:** Denim tights

**9 SHOES:** Usually buy shoes while traveling, or online

BRIDGES PHOTOS BY MICHAEL REIL

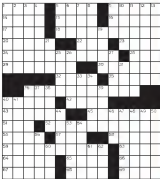


## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 Inexpensive, colorful "adult beverages" out tonight  
 3 Childhood food  
 6 Always, as a sentence  
 14 Perhaps related to "chick"  
 20 One who acts out  
 21 American line  
 27 [Attention phrase] ...  
 30 Tub accessory  
 32 Outdoorsy  
 33 Frequent base verb  
 34 Lovers' destination  
 35 Brits' accent  
 37 Not related  
 38 Whiskey up spirit?  
 39 Channel for the character named by the words of the 34, 35 and 39 across  
 40 Herbie, to Foster on "The Adams Family"  
 41 Infamous place  
 42 His brother's creator  
 43 Not necessarily based on



Picture by David C. Johnson/REUTERS

## DOWN

- 1 Use a special 1st  
 2 Start of a photos album  
 3 Not longer featured  
 4 Gently heart reduced  
 5 Medicalistic response  
 6 Fresh crop  
 7 Michelle \_\_\_\_ (first name)  
 8 Place you're building  
 9 \_\_\_\_ ally  
 10 The bit of progress  
 11 Left in the lurch  
 12 Accept often as a package  
 13 One who's quite sweet  
 14 Not a friend  
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## # JANRIC CLASSIC SUDOKU

## Lester Silver

All in the blank cells are the numbers 1 to 9. Each row and column can only contain one of each number (and 3x3 boxes). Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Beginner (lowest) to Solver to Gold (highest)



Sudoku is the crossword puzzle of the Sudoku world. See the Sudoku world on Page 37.

## La chambre blanche

The Playwrights Company

By Ian C. Niles

trifly playing an impromptu double bass over the music script takes on the world of international infidelity with a subtle moment of humor and a touch of poetry in the long shadow of Alan Ginsberg and Shakespearean-like actors' fierce reflection and

appears with such modesty

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# BRUNO MUSIC FESTIVAL

## Pickers' Cup unites music and hockey

By Ashley Martin

Sturgeon: Tom Cannon knew all the way back in 1992 that music and hockey were a match made in heaven. This weekend in Bruno, the two passions unite in the first ever Pickers' Cup tournament.

From Feb. 18 to 21 at the Bruno rink, two music will stream from the upstairs lounge to the ice down below where skaters will partake in three-on-three hockey games.

Event creator Kristin Berkeil had the idea a few years back, while living in rural Manitoba and perfecting pond hockey sloughs.

One day while out for a drive, she mused, "What could be better than a music festival that has hockey going on? That's what I need today."

She moved to the town, 90 kilometres east of Saskatoon, in June to take over the Bruno Arts Board, an arts venue comprising a rink, gallery space and more.

Berkeil knew her new community had the perfect mix of "contemporary/artsy with lefties, to boot" such an event.

She lined up a fantastic group of musicians to play her first festival, among them Canadian eventual legends Keith Jarrett and David Byrne. Kennedy's Blake Berglund is also on the list.

"This concept is pretty awesome. To have a festival in Saskatchewan coincide with a hockey tournament seems like it's a perfect response to be that way. It just seems that no one's thought of it yet," said Berglund.

He and his band have already donated skates from three of their four pieces to be donated skates this weekend — bass player J.R. Latta will sit out on coach. Growing up, Berglund was often late for hockey practice because he played lessons on his ring.

"I'd make up excuses about chores running late or having to go to the dentist, but really I was practicing guitar. So really that's the thing I'm going to Bruno. It's almost like a dad excuse," he said.

"I loved playing hockey, I sure as hell wasn't the best at it."

At Pickers' Cup hockey games and musical workshops run all day Saturday and Sunday. At night, the music takes



Blake Berglund and The Vultures are set on another double hockey as they are to take the stage at Pickers' Cup this weekend. PHOTO COURTESY JORDAN POWERS

over. On Monday, Family Dog, chill out with a peaceful backdrop, some acoustic music and a skate.

"It's pretty important that they're doing everything from the Blues Arts Bank to the cultural stuff, any opportunity to bring culture to a small community is as important as the next thing," said Berglund.

A weekend pass to watch bands and hockey is \$15, it's \$300 to register a hockey team for play which includes a pass to the rink. Hockey registrations close Feb. 13 at which point Berkeil's husband Jason Humbermark will be compiling the schedule.

There are some skates available for rent.

Accommodation is available in Bruno — just ask where. Motels are also an option in nearby Bluebonnet and Mosheim.

While you're in town, grab a bite at the Cheyenne-Canadian Bruno Cafe or Polvermans' Place Roods, and quench your thirst with a stop at the Mickey Mart. If you need some fresh air, take a stroll over to St. Thomas Institute and walk along the Skatons of the Cross Pathway.



Kristin Berkeil, who plays Sunday at Pickers' Cup, has taken the ice before. Here she is before the 2009 Juno Cup in Vancouver. PHOTO MATT HILL/PHOTO



Lace up! Pickers' Cup in Bruno combines hockey with a music festival. PHOTO MATT HILL/PHOTO

### SATURDAY NIGHT

Daniel Romano  
Samuel's George Smith  
The Dead South  
Blake Berglund & The Vultures

### SUNDAY NIGHT

Grey Kingdom  
Andy Sheaf  
Kathleen Edwards  
Royal Canina  
Blake Berglund & The Vultures

For more information, visit [pickerscup.com](http://pickerscup.com).

# ON THE SCENE

## #KING OF KOVRASA

The 18th annual King of Kovrasa gourmet sausage-eating was held at Peardland Park on Feb. 6. More than 600 people attended and roared on their favourite sausage of the 12 presented.

A celebrity panel of judges provided laughs while the Kosban Dancers and music by Matthew Guzza & Friends entertained. Smoked-saus Music of Martonville got boogieing riffs as the overall winner for 2014. Funds raised during the event go toward to DEAD Seductions a volunteer organisation that provides free literacy services to the community.

1. (Front left) Stephanie Beucher, Brett Balon, Helen Savitsky and Boris Kapenok

2. Perry Kaschick, Tami Toles and Rene Gelfo

3. Nick Sorbo, Mary Henschel and Marie Webb

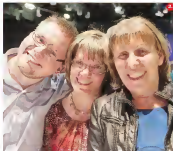
4. Chris and Tara Karmetz

5. Bea Davluk, Alicia Remende and Boris Wlodek

6. Karen Singh and Tracy Woodcock

7. Rebecca Schweighardt (left) and Shelly Novakowski

BRIDGES PHOTOS BY RICHARD MAREJAN

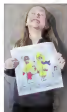


# OUTSIDE THE LINES

## # Colouring contest

Each week, Stephanie McKay presents a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture sent with the finished product and e-mail it to [bridges@hudsonphoenix.com](mailto:bridges@hudsonphoenix.com). One winner will be chosen each week.



Last week's contest winner is Hannah Allen. Thanks to everyone who submitted entries!



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# REGINA ROCK RANG

## Duo Spoils has a big sound

By Ashley Martin

When Ryan Farrell Roache describes Spoils' sound as "aggressive," her husband Dustin Gurnsey is quick to interject:

"It's loud but it's not aggressive. It's heavier but not aggressive stuff," says Gurnsey.

"It's dance, it's catchy you can kind of do more than just stand there and watch and listen to it."

"I think our most disturbing thing we've ever got was, 'It sounds like Death From Above 1979 made a baby with the Yeah Yeah Yeahs,'" adds Farrell Roache.

Their style reflects songwriter Farrell Roache's diverse taste in music.

"I see the record as a good pop song," she says.

"My random shuffle is a pretty interesting mix of Hall & Oates to Miley to Young Widows to Party in the U.S.A. (Miley Cyrus) ... that's a good mix."

Spoils formed in August 2013, when husband Farrell Roache met drummer Gurnsey and asked him if he'd like to join sometime. They booked their first show a month later.

Since there are only two of them, they've learned to play with dynamics to create a versatile sound.

"We definitely have gotten good at getting really loud," says Farrell Roache. "I play out of two cans so either an equivalent goes, we have equipment for a three-piece almost."

Their first album is on the horizon. They've headed to Seattle in mid-February to record with Matt Bayles.

Though Gurnsey doesn't see the perspective 30 days in Washington as much of a vacation, Farrell Roache has another view.

"The machine actually feels wonderful," she says. "If there's something I can do in my spare time, I'll totally make a record."

They decided to make the trip to Seattle because they figured "if we're going to put something out, go all out," says Gurnsey.

"I know I'll be able to learn a lot from [Bayles]," adds Farrell Roache.



Ryan Farrell Roache and Dustin Gurnsey are Spoils. Photo credit: Ben Cullen/SPX/AM

etc. "And the records that he's done for other bands ... his sound is awesome."

Bayles has recorded and produced a ton of other indie bands, including Minus the Bear, of which he was a founding member. Spoils hopes having his name behind them will make up for their anticipated lack of hear-

ing.

Farrell Roache has been there, done that with Bayles: a non-drift band with which she toured North America and recorded three albums. Gurnsey has played in various bands since high school.

"He's done the nicest thing I can think of," says Gurnsey.

"And at such," adds Farrell Roache.

With full time jobs and their other bands, "We're not going to have a lot of time to tour next year," says Gurnsey.

"I don't know if it's possible to have a balance between a career where it's stability and also doing creative. It'll

be interesting to see whether we can swing that," says Farrell Roache.

At any rate, recording will be more on-site.

"Recording a record is Seattle is an experience, or playing on festivals or whatever, those are all solid experiences that you take with you and that you remember."

## EVENTS

## # MUSIC

Wednesday, Feb. 12

**3 Strings Pretzels**  
Buds on Broadway,  
817 Broadway Ave.

Thursday, Feb. 13

**Dean Brady w/ Cassioles**  
**Pepe**  
TCU Place,  
32nd St. W.

**Mama Band Freight Train w/**  
**Tim Hatcher**  
Crackers Restaurant &  
Lounge,  
13377 Macawhite Dr.

**3 Strings Pretzels**  
Buds on Broadway,  
817 Broadway Ave.

Friday, Feb. 14

**Men Without Shirts**  
Buds on Broadway,  
817 Broadway Ave.

**Flaco Fritas w/ 550 Cham-**  
**ber Players**  
**Boots Series: JP Corral**  
The Basement,  
203 Fourth Ave. N.

**Lady Hawk**  
Army and Navy Club,  
309 First Ave. N.

**The Road Wagon**  
Toon Town Tavern,  
3230 Franklin Dr.

**Leon Dells**  
Fairfield Seniors' Centre,  
1631 Fairmont Ct.

**30 Cops of Coffee** Backstreet  
Under the Sea Theatre  
**Light Party w/ Ricky Rock**  
and **Oskerton**  
LOBBY PUB,  
52 Campus Dr.

**We Were Lovers**  
Amigos Cantina,  
632 10th St. E.

**Beas Invents**



Courtesy model star Dean Brady will perform Thursday at TCU Place of TCU Place.

**Virginia Tatem**  
821 Broadway Ave.

**Pascha Peace Volunteer's Day**  
O'Brien Event Centre,  
241 Second Ave. S.

**Spout Pining**  
Pizz's Pub and Grill,  
1033A Idylwild Dr. N.

**Olivia Nieves**  
Tequila Nightclub,  
1201 Albert Ave.

**Urban Outfitters**  
Stamps Place,  
106-110 8th St. E.

Saturday, Feb. 15

**Men Without Shirts**  
Buds on Broadway,  
817 Broadway Ave.

**Piano Series: Brett Nelson**  
and **The Tenthredine Blue**  
**Quintet**  
The Basement,

200 Fourth Ave. N.

**Lady Hawk**  
Army and Navy Club,  
309 First Ave. N.

**Velentina's Dinner and**  
**Dance w/ Les Harrington**  
Natura Lounge,  
2001 Leslie St.

**Phoeb**  
Downtown Lights,  
600 Squaina Court. W.

**In with the Old**  
McNally Brennan,  
3130 81st St. E.

**Spout Pining**  
Pizz's Pub and Grill,  
1033A Idylwild Dr. N.

**Danish**  
Treville Nightclub,  
1201 Albert Ave.

**Urban Outfitters**  
Stamps Place,  
106-110 8th St. E.

Sunday, Feb. 16

**Les Harrington**  
Natura Lounge,  
2001 Leslie St.

**Dr. Zax w/ Zane Ruchman**  
Stamps Place,  
241 Second Ave. S.

Tuesday, Feb. 18

**Big Dave McLean**  
Buds on Broadway,  
817 Broadway Ave.

## # ART

**Minimal Art Gallery**  
Until March 30 at 950 Spe-

dine Circle. E. Contemporary  
Drawings from the National  
Gallery of Canada, and Trace  
Nieves' results of vintage and  
Cabinets of Curiosity. The  
RBC Art by Artists exhibi-

tion is Time Inspired by Gwen  
Kynask and her mentee, June  
J. Jassels. The Child Take  
exhibition is in the gallery

**The Gallery w/ T. Pleasman**  
Until Feb. 13 at 226 Third Ave.  
S. New Arrivals. New works by  
gallery artists Robert Orlin, E.

**SCAP Gallery**  
Until Feb. 15 at 202 Third  
Ave. S. Magnemity by Kevin  
Wessoules and Memme Ops.

**The Gallery w/ T. Pleasman**  
Until Feb. 13 at 226 Third Ave.  
S. New Arrivals. New works by  
gallery artists Robert Orlin, E.

**St. Thomas More Gallery**  
Until Feb. 28 at 1421 College  
Dr. Pressing Matters. New  
works by Ink Slab Printmak-

**Green Art Collective Home**  
Until Feb. 28 at 321 20th St.  
W. New works by Cameron  
Monty. Visit [www.greenart.ca](http://www.greenart.ca).

**Green Art Collective Home**  
Until Feb. 28 at 321 20th St.  
W. New works by Cameron  
Monty. Visit [www.greenart.ca](http://www.greenart.ca).

**Handmade House Showcase**  
Until March 31 at 400-100 2nd  
St. E. Works by local artists  
Zachary Laper, Clint Newell  
and Allison Norlan.

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What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # SPECIAL EVENTS

### Cokeburn: Time for Toddlers

Feb. 12, 9:30 a.m., at Saskatoon Symphony Community Centre, 456 26th St. W. With selected musicians from the Saskatoon Symphony Orchestra, explore the colours and moods of music. This parent and child experience is perfect for your two- to four-year-old music lover.

### Philosophy in the Classroom

Lecture and Discussion Series Feb. 12, 7 p.m., at The Refinery, 601 Dufferin Ave. Lecture #5: Reasons that Explain Reasons that Justify With Dr. Julie Reider.

### Soup Sisters

Feb. 13, 6 p.m. to 10 a.m., in the kitchen at 5601 Kelway, 1300 Idylwild Dr. N. The first monthly great making soup for Saskatoon Interval House, an arts agency, to support its shelter for women and children who are victims of domestic abuse. Call 326-381-7793.

### Valentine's Day Sweet Shop and Craft Event

Feb. 13, 11 a.m. to 1 p.m., Feb. 14, 10 a.m. to 6 p.m., at Confederation Mall. Presented by Country Farms Market Place. A shopping extravaganza with creative artisans and exciting vendors. Featuring Valentine's Day-themed beverages and treats with a drink shop in Swamp on Feb. 13. Many brides share experiences and offer tips. With gift by used wedding items for sale.

### House of Roadside

Feb. 14, 6 p.m., at First Row Dance Centre, 224 29th St. W. Roadside Barbecue Club's annual Valentine's Day show. With director Heidi-Laine Chappell. Fun and delicious of southern-style food. \$15 to \$18.

### Amici Quartet

Feb. 15, 8 p.m. and 7:30 p.m., at Third Avenue United Church. Works by Haydn, Mozart and Dvorak.

### Fifth Annual Chef's Gala & Showcase

Feb. 15, 5:30 p.m., at Plainsland Park. A celebration of Saskatoon's finest arts and cultural events. The-



Catch the Motorsports Spectacular Feb. 13 to 14, 7 p.m. and Feb. 15, 2 p.m., at Croft Union Centre. Tickets not available.

atre, opera and chamber music intermingling with fine gourmet courses prepared by local chefs from the Saskatoon Chef's Association. Featuring Live Five Independent Theatre, Little Opera on the Prairie and Bluenote Chamber Music Festival. With a live auction. Visit [www.plastic.com](http://www.plastic.com) or call 305-715-5582.

### Chinese Banquet

Feb. 15, 6 p.m., at Mandarin Restaurant, 345 20th St. W. A 10-course supper celebrating the Year of the Horse. Call 305-532-6812 or 305-259-8288. Fundraiser for The Third Avenue United Church.

### Valentine's Latin Party with Salsa-Latin Band

Feb. 15, 9 p.m., at Caspavinat Senior Citizens Centre, 414 1st St. S. A night of drinks and dance with Latin Music. Salsa, Merengue and Bachata by Dr. Julio and Salsabea, a Latin Band from Edmonton.

### Bring Out Celebrating the Life and Music of Peter Dinklage

Feb. 16, 7:30 a.m., at the Usherian Congregation of Saskatoon, 213 Second St. S. An informal community gathering to honour the passing of musician and actor Sir Peter Dinklage. Through song. Please bring

banjos, ukuleles, guitars and voices. All are welcome. Lyrics cards will be available, and coffee and tea provided.

### A Walk in the Park for Family Day

Feb. 17, 11 a.m. to 2 p.m., at Saskatoon Family Farm Park and Zoo. Meet in front of the Superintendent's Residence. Sponsored by Saskatoon Senior's Club. Walk with hot chocolate and prizes.

### Carmen Family Day Skating Party

Feb. 17 at Carmelo Icecream Skating rink at PacificCorp Plaza. With free refreshments and skates to borrow.

## # THEATRE

### Love/Strife by Robert Mores

Runs Feb. 13-16, 8 p.m., at The Refinery, 601 Dufferin Ave. Presented by Live Five Independent Theatre and produced by Sall & Chien Theatre. Hilarious and touching vignettes exploring our notions of love and art, and the comedy between the two.

### Buzzed Buzzer

Feb. 15-2 p.m., at The Refinery. A monologue show by Handstream Theatre. Presented by Wide Open Citizens Theatre. An interactive and comedic play with sitting musi-

cianets and hand puppets. A series of vignettes woven together that embody our guppy in its journey. Featuring break dancing, a fire breathing dragon and a space alien named Ricky.

### The White House

Runs to Feb. 16 at Studio 914, 914 26th St. W. Produced by La Trope. An hour a men attempting to escape a politically unstable country is subjected to question until he begins to question himself. In an era of suspicion, doubt and fear, this play addresses the very rational subjects of terrorism and racial profiling.

## # SPORTS

### Motorsports Spectacular

Feb. 13-14, 7 p.m. and Feb. 15, 2 p.m., at Croft Union Centre. The community brings a World Motor treatment. A live exhibition of motorsport events and death-defying stunts. Featuring the Monster Truck Challenge, Motorcross Amnesia, Demonstration Rally, Canadian Tuff Truck Competition and Free Style Motorcross. Red Bull Jump Showcases.

Event listings are a free community service offered by Bridges. Listings will be deemed of general interest.



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# GARDENING

# VALENTINE'S DAY

## Saying 'I love you' with flowers

By Eri Svendsen

Floriography, or the language of flowers, is a way of sending coded messages, especially with emotionally laden content, using different combinations of flowers. Its practice was widespread during the Victorian era when expressing emotions publicly was just not done. Today, the custom has fallen out of use. However, with Valentine's Day near, take a moment to make sure you are sending the right message with a bouquet to your loved one.

Red roses, the most popular and safest choice of the season, refer to true love, light pink, coral and orange signify desire and passion, while a few lavender, violet and purple for order and any colour of thistles represent love at first sight.

Corinthians run a respectable second to roses' popularity at Valentine's. Besides being much cheaper by the dozen, they can last up to three weeks without much effort. Red and white corinthians have the same meanings as roses, but beware of yellow daisies representing and striped (or variegated) ones denotes another love and so are appropriately exchanged between a mother and her children.

The bulb world also has much to say. Tulips' love messages include red, meaning love, purple, forever love, white, one side love, and yellow, hopeless love.

Daffodils are similar to yellow tulips and represent unrequited love. Crocus speak of youthful joy and love. Lilacs send mixed messages: white is all about purity, while orange can mean desire and passion but also hatred.

Astres and daisies are able to look and mean: loyal love, trust, purity and faith. Similar meanings are found in forget-me-nots (true love, permanent interest, love), periwinkle (worldly, eternal love) and violet (duality).

And be surprised if you receive gardenias anonymously as they represent secret love. And for those that have just fallen in love, purple lilacs



Red roses symbolize true love. PHOTO COURTESY KAZ ANDREW

make the perfect bouquet.

If the seven handfuls of friendship is what you want to convey, then yellow roses (friendship) and sunflowers (pure and happy thoughts) are for you. But if your message is darker, then hyacinths, the fragrant and heartless, and columbines for faithlessness and a symbol of devoted lovers are your choices as are yellow and striped carnations and orange lilies (see above).

Baby's breath is ubiquitous your round geometry is most bouquets. But it's not just there for its easy of arrangement and purity of heart as a true counterpoint to more emotional themes.

This column is provided courtesy of the Seattle-based Perennial Society ([www.seattleperennial.org](http://www.seattleperennial.org); [seattle@seattleperennial.org](mailto:seattle@seattleperennial.org)).

## Taking care of your bouquet

1. Use a clean vase with ample space to hold the flowers and enough water.
2. Mix floral preservative with warm water and fill vase. If no preservative, mix 2 tbsp lemon juice or vinegar and 1 tsp sugar with 1 quart of water.
3. Cut new ends in all stems and remove all leaves that will be below the water level.
4. Replace water regularly and recut stems every three days.
5. Keep out flowers away from ripening fruit.
6. Remove faded flowers.
7. Put different vases in a separate vase for 24 hours before combining with other flowers.
8. Keep flowers as cool as possible, out of direct sun, away from heat registers.
9. Keep flowers away from drafts of cold air like baby windows, radiators, doors.
10. Enjoy! And have some fun deciphering the message your bouquet is trying to send you with their gift of flowers.

# WINE WORLD

#DUKE OF CLARENCE

## Madeira, chocolate perfect Valentine's Day companions

By James Romanow

One of life's treats is Official Celebrations. For example, if someone is single — by accident or in purpose — the week before Valentine's Day can feel like a cocktail reminder of your next fiancé.

At moments like this, start up on the couch with a box of chocolates, a blanket and the remote. Or better yet a good book. And since the fantasy is always better than the glass and aroma of the dining world, why not start up with a good romance, like "Mistress of Substances" by Regina's Annette Bower.

Well, this sounds like a first class plan, but let's face facts: You're going to want a drink to what else goes with chocolate? Well, some people think Madeira, but if you really want to have a good time, what you need is a nice glass of Madeira.

Thus is perhaps the best after dinner wine ever made. It comes from the island of that name in the middle of the Atlantic Ocean. The location is the key to the taste of the wine, as the long sea voyage across the tropics to deliver to customers grow the wine a unique unique flavor, increased today with an equally unique heating and cooling of the wine as it ages. Duke of Clarence is an expensive Madeira, from Blandy's — one of the great wine Ma deira houses. Three years old, a sort of Larry



red, it is also the absolute accompaniment for medium dark to milk chocolate. I like the madeira from chocolate made for wine drinking, as a drink of wine.

It will keep on the cooler forever and it is guaranteed you don't feel compelled to finish the bottle to see if it's still.

Blandy's Duke of Clarence Madeira, 2012, \$18

Many great loves in Monday's paper or on Twitter @djbrown.

## Crossword/Sudoku answers

BYOD	SPUR	PARSE							
ROVE	DOLE	ETAIL							
ANEM	BATHS	POMGE							
TORII	RAT	ROMN							
THINGAMARBO	CROSS	UFO							
VOYAGE	PASTOR								
	OTIC	SHORE							
	NICKLE	LODFON							
NIRCE	TOMR								
ORWELL	OLLINKAT								
SIT	THIMES	ESQUARE							
ESSA	WEN	STREP							
ROSSY	PANTS	JANE							
AMUSE	LUAU	OTEO							
GREEN	VIPE	BETS							

5	3	9	8	7	1	4	2	6	
4	8	2	5	6	3	7	1	9	
7	1	6	4	9	2	3	8	5	
8	9	5	6	4	7	1	3	2	
1	4	7	2	3	9	5	6	8	
6	2	3	1	8	5	9	4	7	
9	6	4	7	1	8	2	5	3	
3	5	1	9	2	6	8	7	4	
2	7	8	3	5	4	6	9	1	



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DOGS'  
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14th Annual

XIV

KEYNOTE SPEAKERS - DARIAN DURANT  
AND GEROY SIMON

## DARIAN DURANT

Durant was named West Division CFL All-Star in 2009 and 2013. He led the Riders to an 11-7 record and after beating Calgary in the Western Finals led the Riders to their fourth Grey Cup Championship on our own turf at Mosaic Stadium.

## GEROY SIMON

Simon won the CFL's most outstanding player award in 2006 while also winning three grey cup Championships with the BC Lions in 2006 and 2011 and The Saskatchewan Roughriders in 2013. Simon is the all time career leader in CFL receiving yards with 16,352 yards.

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